

BEYOND BOUNDARIES

Increasing Access. Deepening Impact.



2025 ANNUAL REPORT





STRENGTHENING COMMUNITY

Ensuring No One Faces Cancer Alone



A letter from our **EXECUTIVE DIRECTOR**

Dear Friends of Cancer Support Community South Bay,

This past year has shown what is possible when a community comes together in support of those impacted by cancer. It was a year marked by remarkable growth, renewed connection, and important progress as we continued our mission to uplift and strengthen individuals and families facing cancer.

One of the most significant areas of growth has been our Spanish-language programming, which expanded by more than 200 percent in both participation and number of programs offered. This growth reflects our ongoing commitment to breaking down barriers to care and ensuring that support is accessible, culturally responsive, and inclusive. We also saw a 61 percent increase in visits to our children and teen programs, reinforcing the importance of providing age-appropriate support for young people navigating cancer in their families.

Throughout the year, our events reflected both our mission and our future direction. We expanded our presence in the Long Beach community with the launch of our inaugural Together We Walk 5K and Fun Run, held in tribute to the legacy of long-time Executive Director Judith Opdahl. We also gathered for our 28th Annual Celebrate Wellness event, where we honored Emeritus Board and Professional Advisory Board member Dr. Dan Hovenstine for his 25 years of dedicated service to CSC South Bay. Later in the year, we welcomed the return of our popular Girls Night Out event at the Comedy & Magic Club in Hermosa Beach, bringing laughter and connection back to the heart of our community. Together, these events generated more than \$482,380 in support of CSC South Bay's free programs and services.

We also saw continued growth in our Youth Leadership Council, with students launching clubs at several local high schools to expand awareness of CSC South Bay and strengthen our presence in the community.

Our progress would not be possible without the partnership of local service organizations and our community partners. Through beneficiary events and collaboration, they helped raise an additional \$181,022 for our free programs and services. Their generosity continues to make a meaningful difference for the individuals and families we serve.

We were honored to be recognized once again as Best Nonprofit in the Daily Breeze and Beach Reporter's South Bay's Best Readers' Choice Awards for the third consecutive year, as well as Favorite Counseling Company. This recognition speaks to the dedication of our staff and volunteers and the trust our community places in the work we do.

As we look ahead, we remain focused on expanding our reach, strengthening partnerships, and meeting the evolving needs of those navigating cancer. Thank you for your generosity and for the role you play in advancing our mission. Because of your support, individuals and families facing cancer have access to connection, guidance, and care when they need it most, with the reassurance that they are not alone.



Jillian

Jillian Van Leuven, MPA
Executive Director/CEO



Voted the South Bay's
BEST Nonprofit Organization,
FAVORITE Counseling Company,
FAVORITE Cancer Treatment Center,
FAVORITE Workplace.



Lou Sidella of Body One Fitness marked the 10th year of Row for a Reason in support of CSC South Bay.



CSC South Bay's Girls Night Out returned to the Hermosa Beach Comedy and Magic Club, bringing our community together for an evening of laughter and support.



CSC South Bay's Youth Leadership Council continues to engage peers and the community through outreach, fundraising, and advocacy.



More than 300 supporters set off at the start of CSC South Bay's inaugural Together We Walk 5K and Fun Run in Long Beach.



Family and friends gathered in honor of Judith Opdahl at Together We Walk, a tribute to her legacy.



Our volunteers are the heart of CSC South Bay, generously giving their time and energy to support those impacted by cancer.



Dr. Dan Hovenstine was honored for his extraordinary service at our Celebrate Wellness Gala, joined by host Wendy Burch of KTLA and co-founder Dr. Tom Simko.



Terranea Resort, Providence Little Company of Mary, City of Hope South Bay, and The Movement Schopp supported the 10th Annual Birdies for Breast Cancer fundraiser for CSC South Bay.



The 28th Annual Celebrate Wellness Gala brought our community together in support of CSC South Bay. We are grateful for the continued partnership of our Premier Sponsors AutoNation Acura South Bay, AutoNation Ford Torrance, Land Rover South Bay and Mercedes-Benz of South Bay.



Our bilingual Cinco de Mayo celebration brought participants together for crafts, culture, and community.



CSC South Bay joined Torrance Memorial Medical Center in celebrating National Cancer Survivors Day with a special luau at the Hunt Cancer Center.



CSC South Bay was proud to partner once again with the Hirshberg Foundation for Pancreatic Cancer Research and the Uncle Kory Foundation for the 13th Annual Tour de Pier.



CSC South Bay, in collaboration with the Hirshberg Foundation, hosted A Day of Wellness for pancreatic cancer patients and their caregivers.



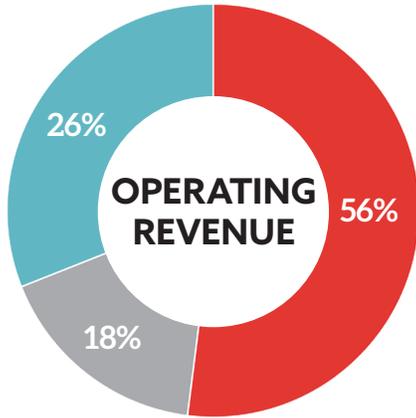
The Palos Verdes Peninsula High School community once again came together for its annual Walk for Life in support of CSC South Bay and Pediatric Cancer Research Foundation.



Energy ran high at the sold-out Girls Night Out, a favorite tradition in our community.

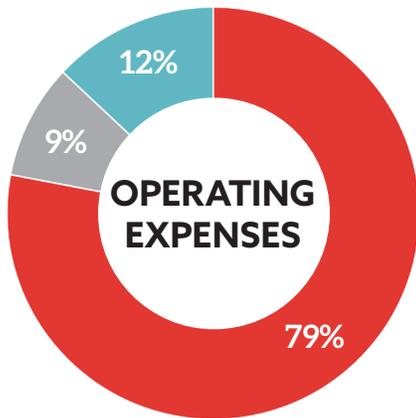
Financial Overview*

2025 Program and Services Overview



Fundraising Events - 56%
Individual Gifts - 26%
 Grants - 18%

TOTAL OPERATING REVENUE:
\$1,110,165



Program Services - 79%
Fundraising - 12%
 General Administrative - 9%

TOTAL OPERATING EXPENSES:
\$1,915,975

LEGACY of HOPE SOCIETY

Through planned giving, donors dedicate resources such as property, retirement plans, trusts, and life insurance to CSC South Bay.

TOTAL 2015-2025 BEQUESTS:
\$10,702,032

TOTAL 2025 BEQUESTS:
\$1,066,552



SUPPORT GROUPS

CSC South Bay offers 40 support groups including those for specific cancers, for family, caregivers, bereavement, life after cancer, and general support.

990..... Group Sessions
 4,813..... Visits to Support Groups
 1,980..... Hours of Clinical Time



HEALTHY LIFESTYLE

More than 70 classes are led each month by professionals who donate their time and talent to support our community.

755..... Adult Healthy Lifestyle Activities
 6,359..... Visits
 35..... Volunteer Instructors
 751..... Volunteer Hours



KIDS COMMUNITY

For kids 5-17 facing a loved one's cancer diagnosis or their own, these programs offer a creative and supportive space to process emotions. As demand grows, the program continues to expand to reach more families.

47..... Kids/Teens Programs
 517..... Visits



COUNSELING

Individual and family counseling is often helpful during a patient's cancer journey. CSC South Bay offers 6-10 individual or family counseling sessions free of charge for all participants.

605..... Individual Counseling Sessions
 Estimated Value of Sessions: \$105,875



WORKSHOPS / SOCIAL

A variety of educational workshops and social activities are offered each week and change monthly as determined by the needs of the community.

229..... Workshops and Social Activities
 5,032..... Visits
 101..... Volunteers
 307..... Volunteer Hours

* Unaudited at the time of publication.

Meet DIANE FISCHER

Participant Testimonial

When I first walked through the doors of what was then called The Wellness Community in the early 2000s, I didn't know it would become such a constant in my life. I was in the final stretch of chemotherapy for an aggressive ovarian cancer when my parents, who had come from Indiana to help me, returned home, and I found myself on my own.

Yoga is what first brought me to CSC South Bay, and it was a lifesaver for me, not just physically but emotionally. What really kept me coming back, though, was the community. After yoga, we would walk on the beach together and talk. I realized I wasn't alone in my fears, my questions, or the confusion about what life looked like after treatment. I joined a general cancer support group, and during that time, the group sustained me. Being with people who truly understood helped me make sense of what I was feeling.

One of the hardest things about cancer is losing the sense of control you thought you had over your life. I don't think of myself as living with cancer. I think of myself as living despite cancer. CSC South Bay has been the stabilizer that walked with me on that journey, not just during treatment but long after.

My relationship with CSC has evolved over time. I don't need the same kind of support I did in the beginning, but I still need the connection, the sense of belonging, and knowing I'm not alone. Life doesn't stop being challenging just because treatment ends. I've faced other serious health setbacks since cancer, and each time, CSC was still there for me, especially through yoga, which continues to give me strength. More recently, I discovered Zumba, which has brought me a great deal of joy. Over the years, I have taken part in many CSC programs, and they have consistently supported me along the way.

CSC has also become my family. I don't have relatives living nearby, and this community has filled that space in ways I never expected. My mother was part of my CSC journey when she visited and even attended yoga classes with me in her 90s. After my parents were gone, CSC remained. It is my home away from home.



At some point, volunteering felt like a natural next step. That's what you do for family. I've been both a participant and a volunteer, which deepened my understanding of what CSC offers. Today, I find purpose not only in receiving support but in being there for others.

One thing I've always appreciated is that everything at CSC is free. That removes a huge burden for people who are already overwhelmed, especially those without insurance or financial security. And this is not a depressing place. There are tears, yes, but there is also laughter, warmth, and a lot of life.

I can't imagine my life without CSC South Bay. It has grown and changed over the years, just as I have. But at its heart, it has always been about wellness, connection, and hope, and it continues to be all of those things for me today.



CANCER SUPPORT COMMUNITY SOUTH BAY

310.376.3550 | www.CSCSouthBay.org
2601 Airport Drive, Ste 100, Torrance, CA 90505

Our mission is to uplift and strengthen people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

2026 ADMINISTRATIVE STAFF

Jillian Van Leuven, Executive Director/CEO
Christine Byrne, Development Director
Nancy Lomibao, PsyD, LMFT #36645, CCO/Program Director
Pamela Martis, Director of Finance & Operations
Theresa Plakos, Public Relations Director
Carla Bick, Data Analyst and Reporting Specialist
Stacey BrooksClark, Senior Human Resources Generalist
Goli Eslami, Event & Volunteer Manager
Norma Gonzalez, Cancer Support Navigator
Melody Lomboy, Development Coordinator
Vinian Meyer, Participant Engagement & Operations Manager
Kelsey Schaible, Marketing & Communications Manager
Cristina Scott, AMFT #160796, APCC #21590, Outreach & Kids Community Manager
Rebecca Sul, Program Manager

2026 LICENSED MENTAL HEALTH PROFESSIONALS

Brittany Anvari, LMFT #155361
Stephen Lottenberg, MD, PsyD, #G41490
Nadine Shoukry, LMFT #129529
Ruth Schriebman, PsyD, LMFT #3990

2026 GRADUATE INTERNS

Chiara Petrone, PCC Trainee
Eloisa Raho, AMFT #140358
Kari Wendt, MA, APCC #11021, Facilitator
Lizette Bojorquez, AMFT #143141
Maria Page, M.A., APCC #17924
Mudaser Hakami, MFT Trainee
Tyler Perron, MFT Trainee

2026 BOARD OF DIRECTORS

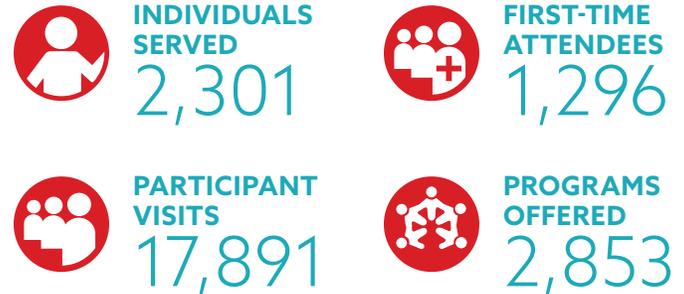
Deborah Patrick, President/Chair
Donna McNeely, Vice President
Katherine Annuschat McCaig, Secretary
Scott Magee, Vice President/Finance
Melanie Friedlander, MD, Officer
Kathy Grogan, Officer
Daniel Hovenstine, MD, Emeritus
Gina Koency, Ph.D, Officer
C. Edward Langhammer Jr., Officer
Donna H. Lee, Officer
Kris Nishihira, Officer
Kelli Vieweg, Officer

2026 PROFESSIONAL ADVISORY BOARD

Neil Bhayani, MD, Chairperson, Surgery
Fikret Atamdede, MD, Gynecology/Oncology
Carey Cullinane, MD, MPH, FACS, Surgery
Christine Dauphine, MD, Surgery
Thyra Endicott, MD, Radiation/Oncology
Lisa Fisher, MD, Obstetrics/Gynecology
Lawrence Flechner, MD, PhD, Urology
Melanie Friedlander, MD, Surgery
Gregory Ginsburg, MD, Surgery
Garth Green, MD, Radiation/Oncology
Andrew Horodner, MD, Oncology
Dan Hovenstine, MD Radiation/Oncology*
Lisa Jewell, MD, Reconstructive Surgery
Peyman Kabolizadeh, MD, Radiation/Oncology
Usama Mahmood, MD, Radiation/Oncology
Paul Murata, MD, Family Practice
Wade Nishimoto, MD, Hematology/Oncology*
Richard C. Palmer, MD, Psychiatry
Christine A. Petti, MD, Reconstructive Surgery
Brittany Plut, LCSW, OSW-C
Marianne Ryan, MD, Surgery
Patricia Sacks, MD, Radiology/Nuclear Medicine*
Julie Sim, MD, Diagnostic Radiology
Thomas G. Simko, MD, Radiation/Oncology*
Mary Welch, RN, MSN
Deborah Wong, MD, PhD, Hematology/Oncology
*Emeritus Status

2025 Community Impact

In 2025, CSC South Bay continued to expand its programs through virtual, in-person, and hybrid support to meet the evolving needs of the community. Children and teen programming increased by 61%, reflecting growing demand for family-centered services. Spanish-language and bilingual programming experienced more than 200% growth in both participation and program offerings, strengthening accessibility and inclusion. Expansion efforts in Long Beach also resulted in 12% growth in participants, along with increased outreach events and community partnerships to broaden access to care.



THE SUPPORT BEHIND OUR IMPACT

To our **250+** dedicated volunteers who generously gave their time, energy, and expertise, making our programs and events possible.

To the **690 individual donors** whose gifts sustain our mission and free services.

To the members of our Legacy of Hope Society, whose **planned gifts of \$1,066,552** secure the future of CSC South Bay.

To the **60 sponsors** and **more than 800 attendees** whose support was key to our fundraising success.

To the **376 businesses and individuals** whose **in-kind donations** were essential to our programs and events.

To our **grant partners** who awarded **16 grants**, expanding access to our free services.

To our **local media partners** who provide advertising and coverage, extending our reach across the community.

To the **local businesses, organizations, and individuals** who **fundraise on our behalf**, expanding support for those impacted by cancer.

Thank you for your commitment to our mission and community!

Scan the QR code or visit www.CSCSouthBay.org to make a donation online.

